

INSTRUCTIONS FOR HOMEMADE FACE MASK (WITH ELASTIC)

Materials needed (with elastic)

- Two (2) 9"x6" pieces tight-weave cotton and two 7" pieces of 1/4 inch elastic.
 - Fabric must be newly purchased within approximately the past year and never used.
 - Two (2) 7" pieces of 1/4 inch elastic.
 - Rope Elastic, beading cord elastic will work (you may also use 1/8" flat elastic if 1/4" is unavailable. Some have used wider flat elastic and cut it in half with some success).
1. Put right sides of cotton fabric together (Be sure any fabric design is placed horizontally.)
 2. Cut 9x6
 3. Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic with the edge out into the corner. A few stitches forward and back will hold this.
 4. Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
 5. Now sew across that top of the mask to the next corner. Again, put an elastic with the edge out.
 6. Sew to the next corner and sew in the other end of the same elastic.
 7. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
 8. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction
 9. Sew around the edge of the mask twice.

INSTRUCTIONS FOR HOMEMADE FACE MASK (NO ELASTIC NEEDED)

Materials needed

- Two (2) 9"x6" pieces tight-weave cotton
 - Fabric must be newly purchased within approximately the past year and never used.
 - Bias Tape (either 1/2 or 7/8 as available)
1. Place right sides of cotton fabric together (Be sure any fabric design is placed horizontally.)
 2. Cut 9x6
 3. Starting at the center of the bottom edge, sew around the edges of the fabric leaving about 1.5" to 2" open.
 4. Stop, cut the thread. Turn inside out.
 5. Pin three (3) 1/2" tucks on each side of the mask. Make sure the tucks are the same direction.
 6. Make ties using Bias Tape or Fabric.
 7. Bias tape: stitch closed.
 8. Fabric: Fold in half, turn under 1/4 " on each long side, iron in place. Stitch long edges closed.
 9. Pin one (1) tie at each corner.
 10. Sew around the edge of the mask twice, catching the bias tape as you go.

